

CACHE VALLEY VISITORS BUREAU

Cache Valley

CACHE VALLEY BIKING GUIDE

Photo by Monique Beeley



Legend

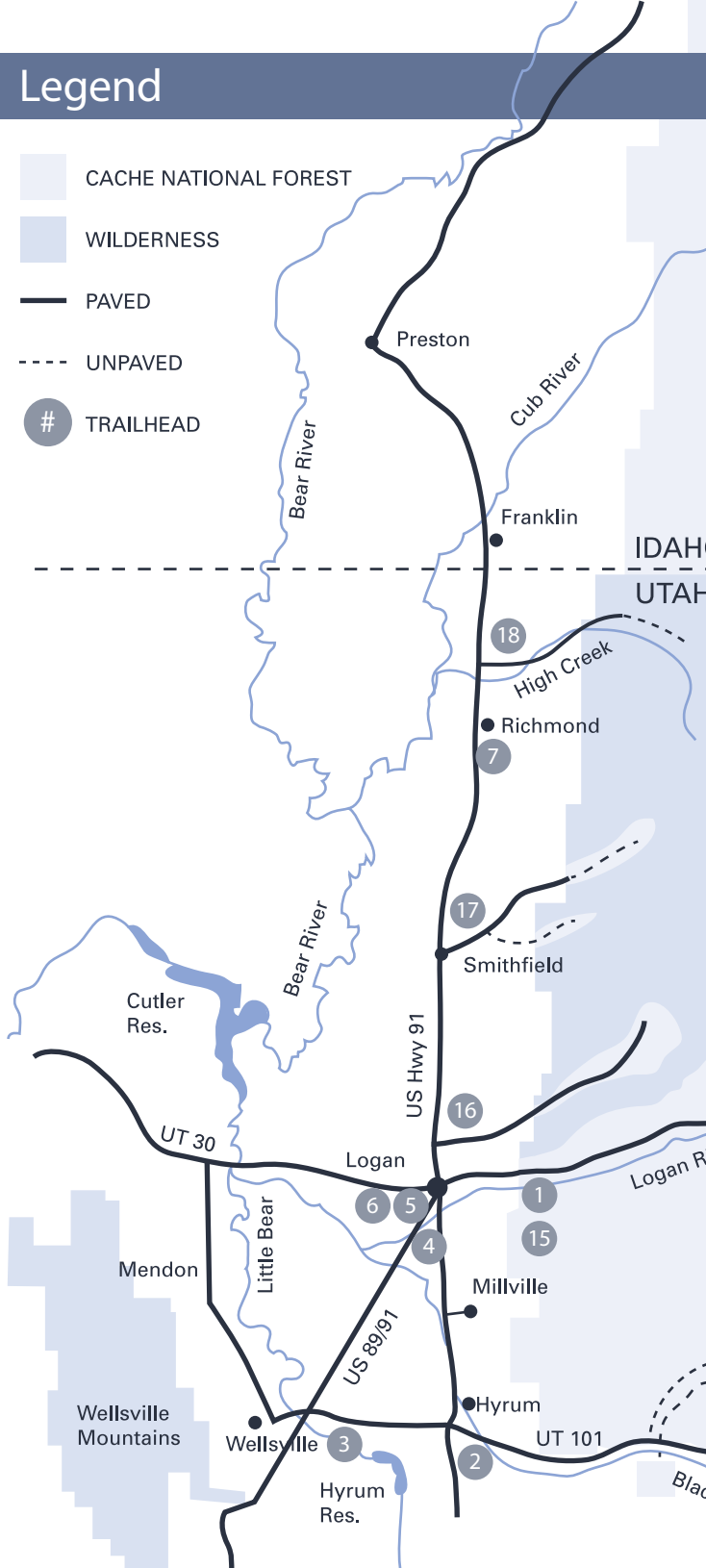
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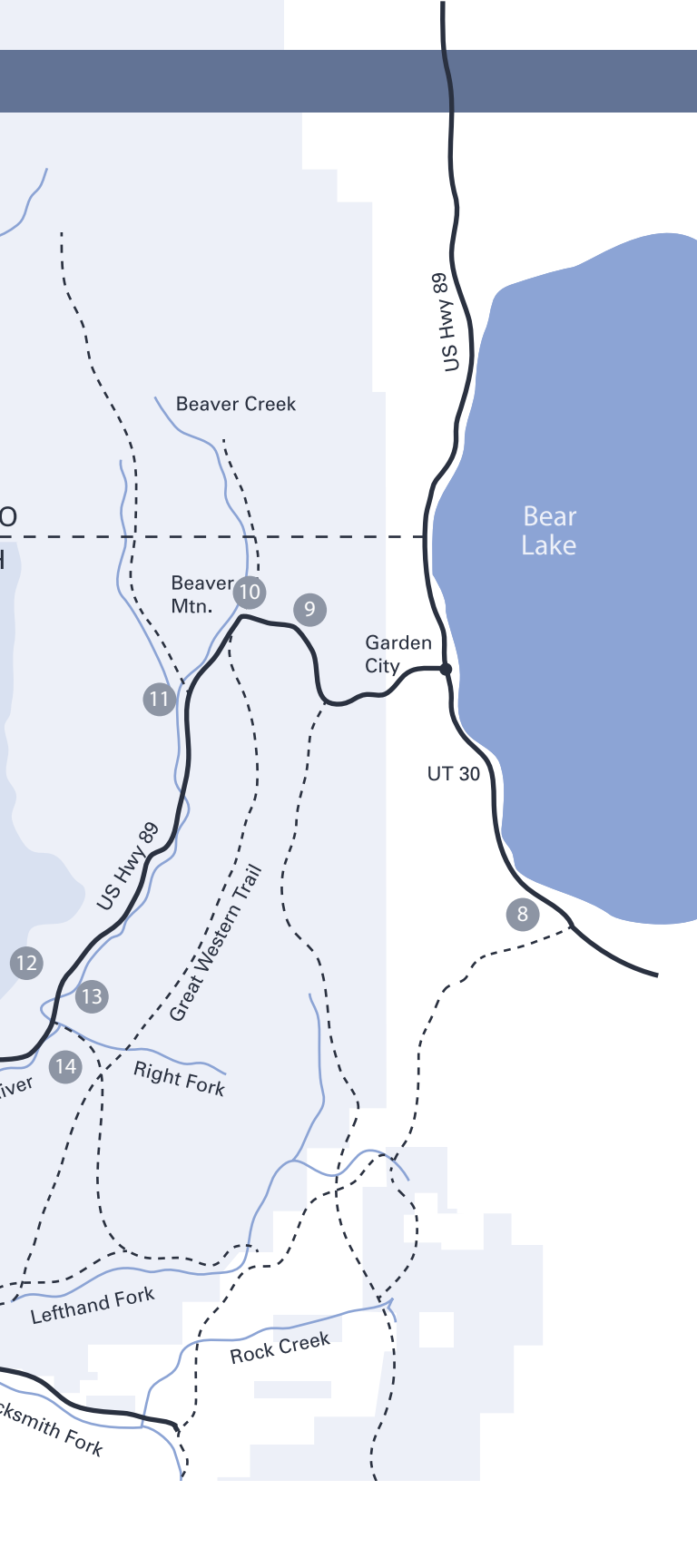
 WILDERNESS

 PAVED

 UNPAVED

 TRAILHEAD





US Hwy 89

Bear Lake

Beaver Creek

Beaver Mtn.

Garden City

UT 30

US Hwy 89

Great Western Trail

Right Fork

Lefthand Fork

Rock Creek

Blacksmith Fork

10

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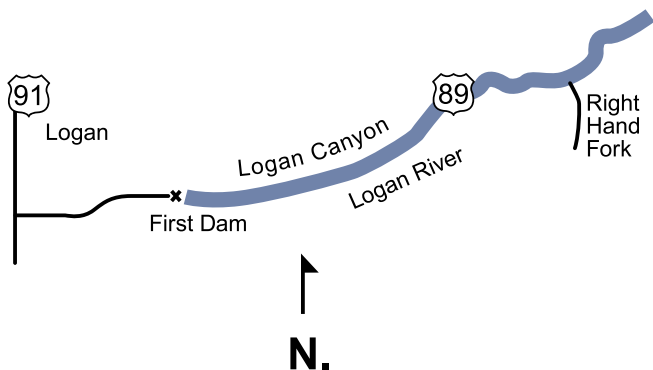
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1 LOGAN CANYON/RIGHT HAND FORK (Hwy. 89 & FR 081)



Point of Departure: First Dam, US 89 Logan Canyon

Length: 20 miles roundtrip

Season of Use: April to October

Difficulty: Moderate

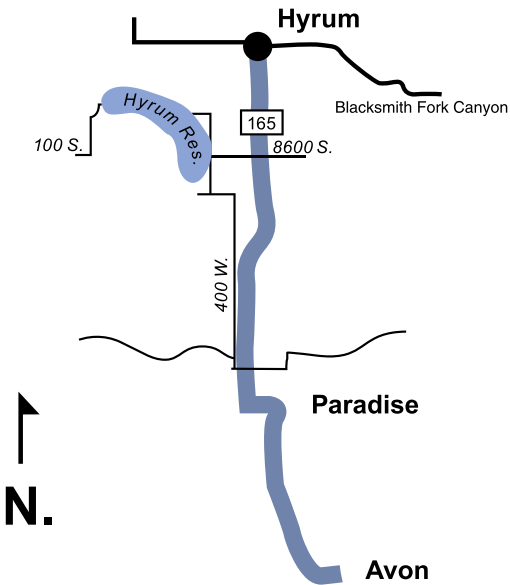
Route Information

This ride, one of Cache Valley's most popular road routes, is rated moderate. The first 2 miles are the steepest. It is a gradual climb to Right Hand Fork on a good road with wide shoulders. Turn around at the bridge over the Logan River, or ride up a paved side road along Right Hand Fork. When traffic is heavy, as it often is on weekends and holidays, caution is necessary. Depending on the time of day, riders may encounter headwinds in either direction.

Features

The route follows the Logan Canyon National Scenic Byway through the Cache National Forest and the Logan River, which affords many excellent fishing and hiking opportunities. There are overnight camping facilities available at several USFS campgrounds. You'll find unique geological features, remnants of the ancient Lake Bonneville shoreline, fossil marine life, outstanding scenic overlooks at Wind Cave and Crimson Trail, and excellent birdwatching opportunities. There are many species of ducks and other waterfowl around the Third Dam area.

HYRUM/AVON (Hwy. 165)



Point of Departure: Intersection of Hwys. 101 and 165 east of Hyrum

Length: 8 miles one way

Season of Use: Year-round

Difficulty: Easy

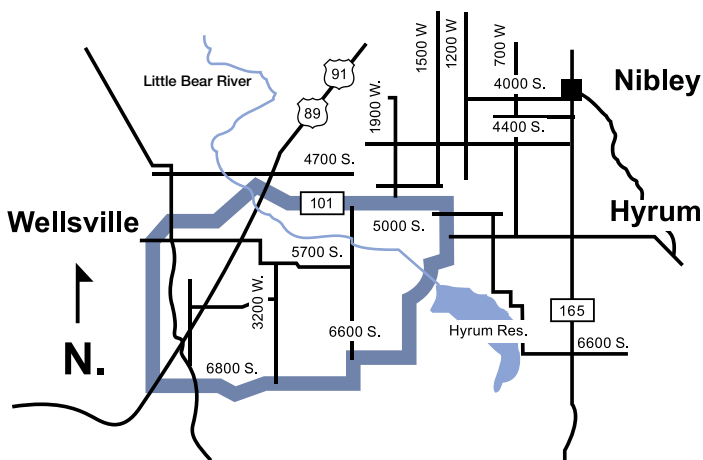
Route Information

This route gives the rider a rural, low-traffic tour through parts of the picturesque agricultural area of Cache Valley. Follow Hwy. 165 south through the town of Paradise and into Avon. This is an out-and-back ride rather than a loop. It is an easy ride with no steep climbs and traffic is usually light.

Features

Facilities are available in Hyrum and Paradise. Paradise has a small museum, a town park and a general store. It's a good halfway point to stop for lunch or a break. An interesting side trip is the commercial trout farm on 9000 South in Paradise. Hyrum has a very well done pioneer museum and a wide range of services.

3 MT. STERLING



Point of Departure: Hyrum State Park

Length: 12-mile loop

Season of Use: Year-round

Difficulty: Easy

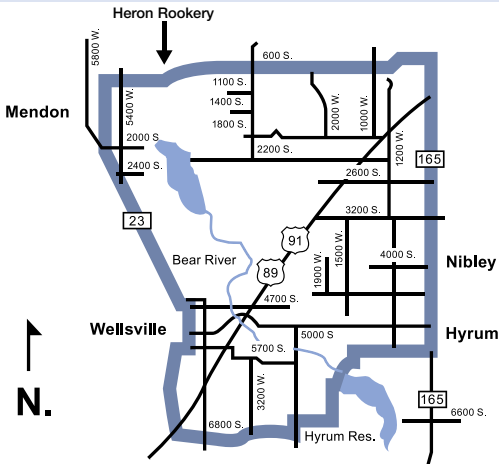
Route Information

Although this ride is rather hilly south of Hyrum, the roads are paved all the way and are in good condition. This is considered an easy to moderate ride. Leaving Hyrum, go west from the State Park on 1800 West. Turn west on 6600 South, then onto 6800 South all the way to US 89-91. Ride a short distance back toward Logan on 89-91, then take the first road north, 4400 West, through Wellsville. In Wellsville, ride east on Hwy. 101 back to Hyrum.

Features

Facilities are available in Wellsville, as well as in Nibley and Hyrum. This route takes riders through lovely pastoral country on the south part of the loop and through several quiet small towns. The Mt. Sterling road (6800 South) is a good place to see many varieties of hawks. Camping, water, and restrooms are available at Hyrum State Park and Reservoir, and the lake offers good fishing. Two of the larger meat-packing facilities in the country can be seen on the north end of Hyrum.

LITTLE PYRENEES



Point of Departure: Logan Hwy. 165 and US 89-91

Length: 24-mile loop

Season of Use: April to October

Difficulty: Easy-Moderate

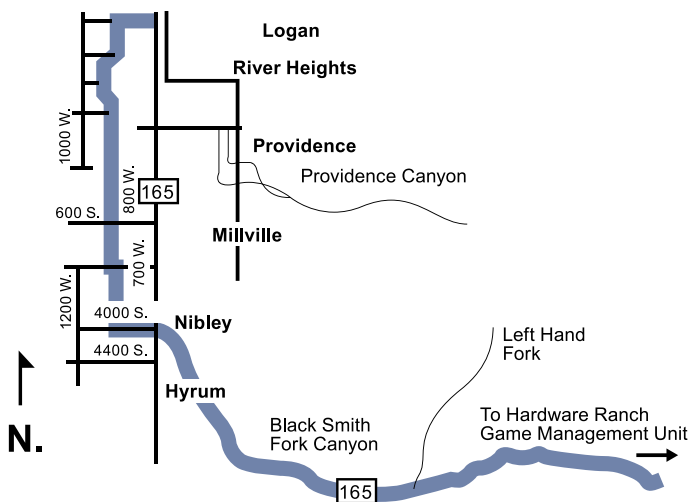
Route Information

An easy to moderate ride through the valley, with rolling hills along the way. Wind can be a factor. The first part of the ride traverses flat farmland, climbs to the town of Hyrum, then drops down into town, around Hyrum Reservoir, and climbs again out of town. You cross US 89-91 into the town of Wellsville, to the intersection with Hwy. 23. Follow this road north to Mendon. Just inside the Mendon city limits, go north on 100 East through town. Outside of Mendon the road turns east through the marshes of the Little Bear River, crosses Logan River, and returns to Logan on 600 South.

Features

Food and basic services are available in Hyrum and Wellsville. The marshes east of Mendon are favorite birdwatching areas. Watch especially for white-faced ibis, great blue heron, and many species of ducks. Note the heron rookery indicated by the arrow on the map just north of where the Little Bear River crosses the road. Much of the farmland between Mendon and Logan was once owned by Brigham Young.

5 BLACKSMITH FORK CANYON (HWY. 101)



Point of Departure: 600 West and 200 North, Logan

Length: 50 miles roundtrip

Season of Use: April to October

Difficulty: Moderate-Difficult

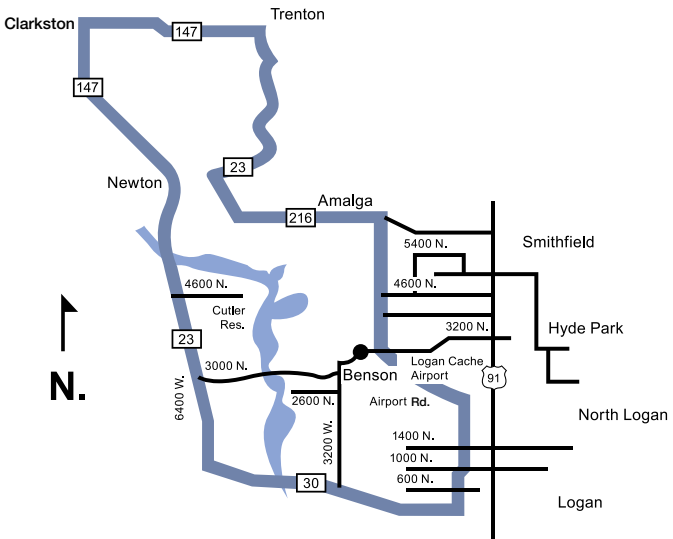
Route Information

This ride is moderate to difficult. Food and facilities are available in Nibley and Hyrum. Ride south out of Logan on 600 West, which becomes Park Avenue at the south end, until you cross US 89/91. Follow 800 West, 700 West, and 4000 South as shown on the map, into the town of Nibley. In Nibley, take the Nibley Hollow Road to Hwy. 101. The canyon road is not heavily traveled during the week, so it is especially good for group rides.

Features

Picnicking and camping facilities are available at Shenoah picnic area and at Pioneer Campground. This route is particularly beautiful where it follows the river. Watch for beaver dams and lodges in the river wetlands. Blacksmith Fork also offers some of the finest trout fishing in Utah. Hardware Ranch is a winter feeding range for more than 500 elk. The 7-mile, one-way, side trip east up Left Hand Fork (FR 245) to Gray Cliff Springs is an excellent mountain bike route. (The road is washed out at Gray Cliff Springs.)

LITTLE MOUNTAIN



Point of Departure: 600 West and 200 North, Logan
Length: 45 miles roundtrip from Logan; 20-mile loop beginning in Newton

Season of Use: Year-round

Difficulty: Moderate-Difficult

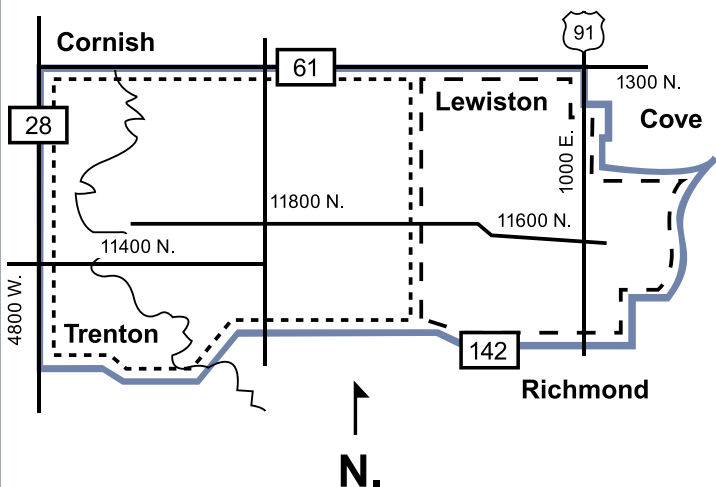
Route Information

This is rated a moderate to difficult ride. To begin in Logan, ride north on 600 West to Airport Road. Follow that road to 2400 West, and take 2400 West north to Amalga. Hwy. 218 runs directly from Amalga to the beginning of the Little Mountain Loop, at the intersection of Hwy. 218 and 23 just east of Newton. There is a long, steep climb between Trenton and Clarkston.

Features

Facilities are available in the small towns along the route. The scenery is a fine blend of beautiful rolling farm country and the charm of some of northern Utah's oldest towns. Wildlife and waterfowl are abundant near the marshes. This ride can be demanding or recreational, depending on your pace and on whether you choose to ride the entire loop beginning in Logan or the shorter loop beginning in Newton. If you ride the loop in a clockwise direction, you avoid the steep climb up "Little Mountain."

7 RICHMOND/CORNISH



Point of Departure: Intersection of Hwy. 142 and US 91 in Richmond

Length: 28-mile loop

Season of Use: Year-round

Difficulty: Easy-Moderate

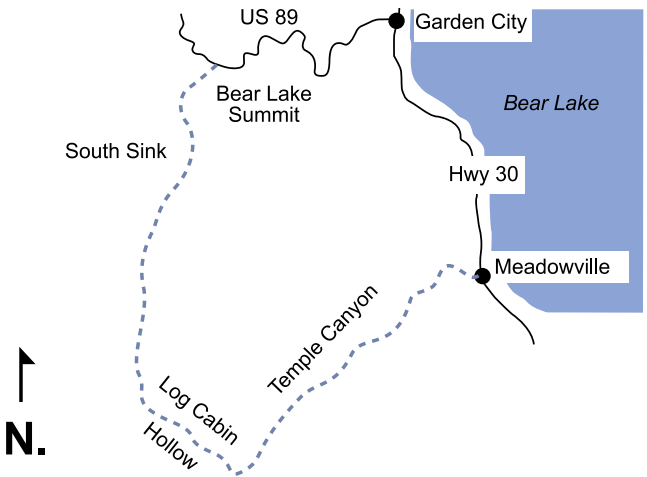
Route Information

Begin at the intersection of Hwy. 142 and US 91. Ride east through Richmond and northeast out of town on 3000 East. About 2-3 miles out of town, turn west on 11800 North. Follow the route mapped through the small town of Cove. Ride north on Hwy. 91 to Hwy. 61 through Lewiston to Cornish. In Cornish, take Hwy. 23 south to the intersection of Hwy. 142, which goes east through Trenton and back to Richmond. This route could also be separated into two shorter rides, as indicated on the map.

Features

This route takes you through some of the most picturesque farmland of northern Utah. The road immediately north of Richmond is quite hilly, but there are lovely views of the valley. There are quiet town parks in Lewiston and in Cornish, ideal for a picnic or rest stop. From Lewiston on, this route is very flat.

SINKS ROAD TO TEMPLE CANYON (FR 055 & 008)



Trailhead: Parking at Limber Pine Nature Trail (Sinks Road is one-quarter mile west of the parking area) and in Meadowville

Elevation Range: 6000-8500 ft.

Length: 15.5 miles one way

Season of Use: Mid-June to mid-October

Difficulty: Easy-Moderate

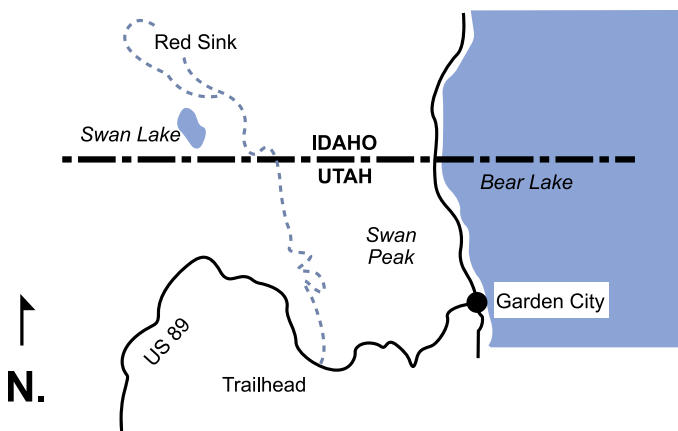
Reference Map (7.5 min.): Garden City, Meadowville

Trail Information: There are no facilities or safe drinking water on this ride; be sure to take plenty of water with you. If you ride from the summit to Meadowville, this is an easy to moderate ride. Parking is available both at the Limber Pine Nature Trail near the summit and in the community of Meadowville.

Features

Watch out for motor vehicles and dusty conditions along this route. The route passes through mixed conifer forest and the Sinks, which are depressions in the landscape that are the result of the dissolving action of water on limestone. In the Sinks area, geologic factors have resulted in a unique phenomenon of abrupt and extreme temperature drops; the second-lowest temperature ever recorded in the lower 48 states was recorded near here.

SWAN FLAT/RED SINK (FR 014, 151, & 414)



Trailhead: Junction Swan Flat Road and US 89, 27 miles east of Logan

Elevation Range: 7500-8580 ft.

Length: 11 miles roundtrip

Season of Use: Late June to mid-October

Difficulty: Moderate

Reference Maps (7.5 min.): Garden City, Egan Basin, St. Charles

Trail Information

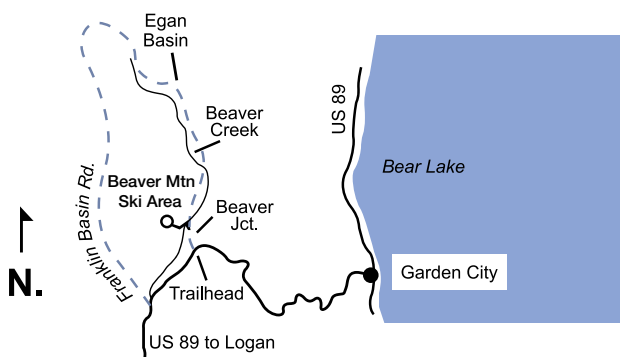
Park on the Swan Flat Road (FR 014) at its junction with Logan Canyon National Scenic Byway (US 89), about 27 miles east of Logan. There are no services or safe drinking water on this ride but many undeveloped camping spots are available. About 1-3/4 miles of this ride are across the Idaho border. When you reach the first junction (about 1/4 mile past the state border), keep heading north (FR 151) and you will loop back around to the same point via Red Sink (FR 414) and Swan Lake. The entire ride is on a dirt road.

Features

This ride provides some spectacular vistas of the Mt. Naomi Wilderness, the Sinks (see Features on ride 8) and the surrounding Bear Lake country. You can see classic examples of open/rolling sage brush and grassland contrasted with aspen, spruce/fir, and lodgepole pine forests that are typical of the higher elevation forests of northern Utah and southern Idaho.

BEAVER CREEK/FRANKLIN BASIN (FR 011, 411, 415, 406, & 006)

10



Trailhead: 25 miles east up Logan Canyon (US 89) from Logan, at junction to Beaver Mountain

Elevation Range: 6650-7900 ft.

Length: 26 miles (entire loop)

Season of Use: June to mid-October

Difficulty: Moderate

Reference Maps (7.5 min.): Tony Grove, Egan Basin, St. Charles, Garden City

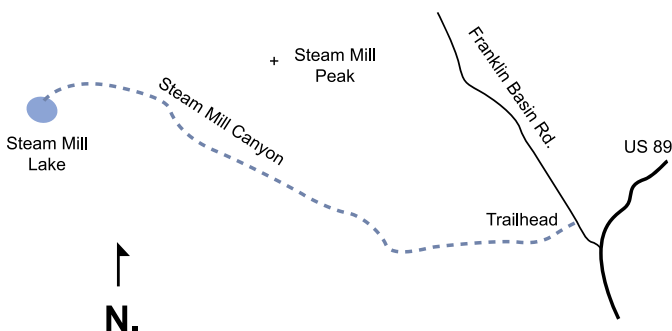
Trail Information

Tables, toilets, and camping are available at Beaver Creek Campground in Idaho (4 miles beyond the asphalt roadway). There are no other facilities or safe drinking water on this ride, but there are many undeveloped camping spots along the way. This ride is set up as a loop, but since there are parking areas at both Beaver junction and Franklin Basin, you can ride all or part. From the parking lot take the first road right (FR 011), which parallels Beaver Creek. Stay on this road (changes to FR 411) to the campground. Just past the campground, take the left fork (FR 415), and follow signs to Egan Basin and Danish Pass (Danish Pass is a steep climb with switchbacks). At the pass, take the jeep trail to the west, down into Franklin Basin (FR 406). Follow the Franklin Basin Road (FR 006) south to US 89.

Features

This ride provides great scenery and spectacular spring and fall color. The fishing is worth trying along the Franklin Basin Road, but the headwaters of the Logan River have special fishing restrictions, so check the Proclamation.

STEAM MILL LAKE (139)



Trailhead: Franklin Basin Road (23 miles east of Logan on US 89)

Elevation Range: 6680-8640 ft.

Length: 6.2 miles one way

Season of Use: Mid-June to mid-October

Difficulty: Difficult

Reference Maps (7.5 min.): Tony Grove, Naomi Peak

Trail Information

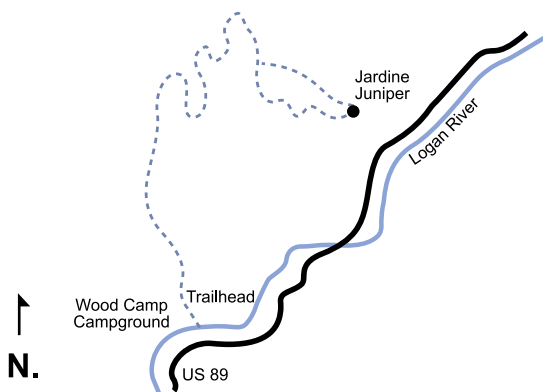
This is a steep, rocky trail and is technically difficult. The trailhead is about .4 miles up the Franklin Basin Road. There are plenty of camping spots but no safe drinking water. Water, restrooms, and overnight camping are available at the Red Banks campground, about 3.5 miles to the south on US 89.

Features

Steam Mill offers a scenic ride through stands of mixed conifer, aspen, high brush, and sagebrush. There is abundant wildlife, ranging from songbirds and raptors to big game. Steam Mill is named after the steam-driven logging mill that processed timber in the area during the 1890s. The boiler is still there. Legend has it that \$40,000 in gold coins was cached in the area by bandits who robbed a Wells Fargo stagecoach at Montpelier, Idaho, just before the turn of the century.

JARDINE JUNIPER

12



Trailhead: Wood Camp turnoff, 10.4 miles east of Logan in Logan Canyon (US 89)

Elevation Range: 5400-7200 ft.

Length: 5.8 miles one way including the loop

Season of Use: Mid-May to November

Difficulty: Moderate-Difficult

Reference Map (7.5 min.): Mt. Elmer

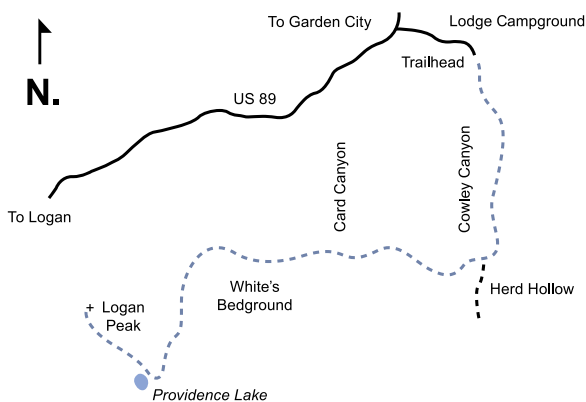
Trail Information

Cross the bridge at Wood Camp to the small parking area up the hill. The trail crosses a streambed near the beginning and again about 1.5 miles later on the south side of an open area. The trail divides at the ridge above Cottonwood Canyon. The left fork goes to the upper part of Cottonwood. Take the right fork to the juniper. The trail splits at about 4 miles to loop around a hill; the left fork overlooks Cottonwood Canyon, while the right fork overlooks the Logan Canyon area. At about midway around the loop, a short spur trail switchbacks down the hill to the tree.

Features

A good view of the main ridge of the Bear River Range can be seen from many points along the trail. The paths of several winter avalanches are also visible and there are many flowering plants and shrubs to be seen along the way. This ride offers outstanding spring and fall color. At the ride's end you will see the monumental Jardine Juniper, estimated to be more than 1,500 years old, a sight well worth the effort.

COWLEY CANYON/LOGAN PEAK (FR 047, 052, 168, & 042)



Trailhead: Right Hand Fork Road (FR 081) & Cowley Canyon Road (FR 047) junction

Elevation Range: 5440-9700 ft.

Length: 13 miles one way to Logan Peak, 7.5 miles to White Bedground Camp, 10.75 miles to Providence Lake

Season of Use: Mid-June to October

Difficulty: Very Difficult

Reference Maps (7.5 min.): Temple Peak, Boulder Mountain, Logan Peak

Trail Information

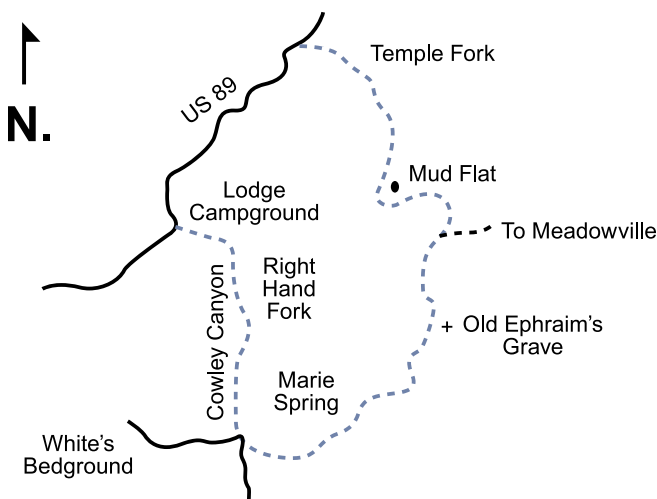
This is a long, steep, technical ride. Water is available at the Lodge Campground, but there is no safe drinking water to be found after you start. The first 6 miles of the ride to the Cowley-Herd Summit (FR 047) and White's Bedground (FR 052) are on good gravel and rock road. From White's Bedground to Logan Peak (FR 168 & 042) you are on a steep, rocky jeep trail. Experienced riders will find this challenging.

Features

This route will take the rider along an elevation gradient in which the surrounding forest changes from hardwood brush in the bottoms, to aspen groves and sagebrush flats, to mixed conifer forest, to old-growth stands of Englemann spruce, and finally to timberline atop Logan Peak. Those riders who make it to the top will be rewarded with an unparalleled view of northern Utah's Bear River Range and the Wellsville Mountains.

RIGHT HAND FORK TRAILS (Including trails to Old Ephraim's Grave)

14



Trailheads: Right Hand Fork in Logan Canyon

Elevation Range: 5300-7500 ft.

Season of Use: Mid-June to mid-October

Difficulty: Very Difficult

Reference Maps (7.5 min.): Temple Peak and Boulder Mountain

Trails: 055 Little Cottonwood 1.4 miles

Roads:

- FR 047 Cowley Canyon
- 013 Steel Hollow 2.8 miles
- FR 147 Marie Springs
- 012 Maughan Hollow 2.1 miles
- FR 056 Long Hollow
- 056 Willow Creek 2.1 miles
- FR 153 Chicken Creek
- 127 Ricks Canyon 3.9 miles
- FR 007 Temple Fork
- 607 Ephraim's Cutoff 3.6 miles

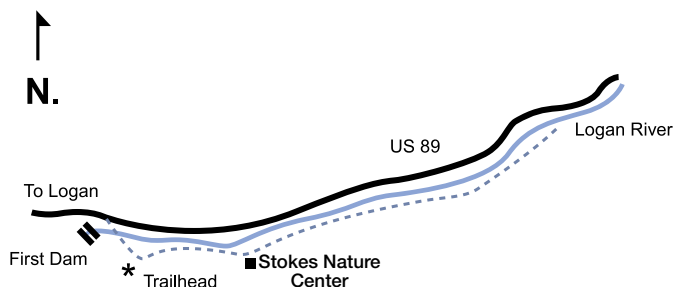
Features

The Right Hand Fork area offers a variety of interconnecting trails and roads, Take US Hwy. 89 9.4 miles up Logan

Canyon to Right Hand Fork Road (FR 081). Turn right and travel 1 mile to the first junction. Stay to the left and the road turns to gravel. The trailhead is .6 miles farther. Park at the trailhead and choose from a variety of options. Many riders enjoy a visit to the final resting place of the giant grizzly bear, Old Ephraim. His grave is located on the east side of Long Hollow Road. Along the trails and roads you will see beautiful spring and fall color in a diversity of trees, grasses, and shrubs. There is excellent fishing, and wildlife abounds, including elk, mule deer, and moose. The names of the canyons and hollows are those of the early pioneers.

RIVER TRAIL

(603, Forest Boundary Sign to Spring Hollow Campground)



Trailheads: There are five entry/exit points

1. Across US Hwy. 89 from the forest boundary sign at the mouth of Logan Canyon. Park at the boundary sign and carefully cross the highway.
2. Second Dam
3. Bridger Campground
4. Gus Lind Dispersed Camp
5. Spring Hollow Campground—includes a small parking area at the entrance across the bridge.

Elevation Range: 4760-5000 ft.

Length: 3.7 miles one way

Season of Use: May to October

Difficulty: Easy-Moderate

Reference Maps (7.5 min.): Logan, Logan Peak, Mt Elmer

Trail Information

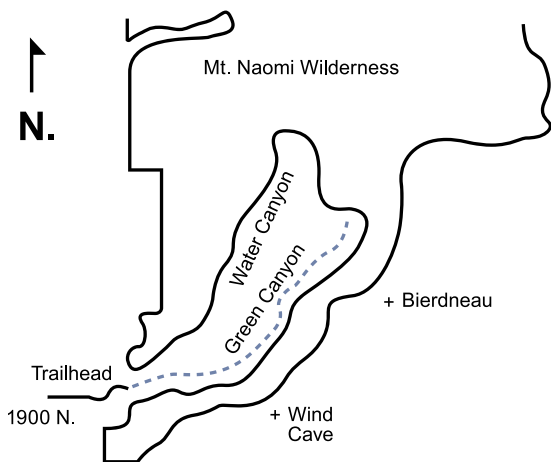
This ride is rated easy to moderate. You will pass through two campgrounds that have toilets and water. Parking is available at the trailhead, but many riders will choose to begin their ride in Logan. The road and trail pass through several summer home areas, and riders are reminded to respect the privacy of the residents. Please ride carefully.

Features

The greatest portion of this ride is on a gravel and rock road that also serves as the right-of-way for the Logan City waterline. The road parallels the Logan River for the entire ride, but the vegetation screens riders from the noise and traffic of the highway. The observant rider will enjoy many birds and small game along the way. The trail goes to Spring Hollow and is closed to bikes beyond that.

GREEN CANYON (FR 050)

16



Trailhead: About 1 mile east of 1600 East on 1900 North in North Logan

Elevation Range: 5100-7000 ft.

Length: 4 miles one way

Season of Use: Mid-May to November

Difficulty: Moderate

Reference Maps (7.5 min.): Smithfield, Mt. Elmer

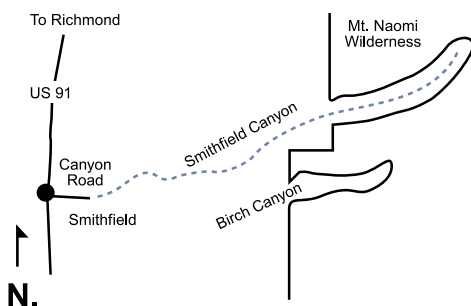
Trail Information

No safe water is available along the way. There is a campground with tables and a toilet 1-3/4 miles above the forest boundary. Many unimproved camping spots are available along the way. This ride is on a well-maintained dirt and rock road and is rated moderate. Parking is available at the forest boundary and at the ride's upper terminus. The upper parking area is a trailhead into the Mt. Naomi Wilderness. Please remember bikes are not permitted within the Wilderness boundary.

Features

This area is especially scenic in the spring and fall. The road is lined with hardwoods and brush in the bottoms and grass and juniper on the steep side slopes. A cave near the campground was used by Native Americans living in this area 10,000 years ago. Rock used in the construction of early homes and the Logan LDS Temple and Tabernacle was taken from the Green Canyon Quarry.

BONNEVILLE SHORELINE TRAIL



Trailhead: About one-half mile east of 1600 East on 1900 North in North Logan

Elevation Range: 5100-4900 ft.

Length: 1.8 miles one way

Season of Use: Mid-May to November

Difficulty: Easy-Moderate

Reference Maps (7.5 min.): Smithfield, Mt. Elmer, Logan

Trail Information

This is a pleasant ride on gravel and dirt at the foot of the mountains east of Logan. It offers unobstructed views of the

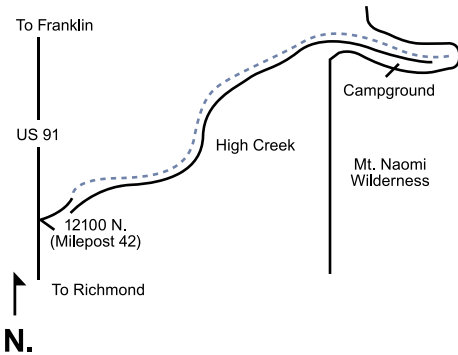
City of Logan and the campus of Utah State University. It connects with the River Trail (No. 16) at First Dam near the mouth of Logan Canyon.

Features

This is the first segment of the Bonneville Shoreline Trail to be completed in Cache County. The vision for the Bonneville Shoreline Trail is a 90-mile long pedestrian and bicycle path to be built across the foothills of the Wasatch Range along a route that follows the eastern shoreline of ancient Lake Bonneville.

GREAT WESTERN TRAIL

18



Trailhead: Five Trailheads

1. Beaver Junction Trailhead: 25.6 miles east of Logan on US 89 to the Beaver Mountain turnoff. Park at the Sink Hollow parking area 0.7 miles north on UT 243 or at Beaver Junction Picnic Area.
2. West Hodges Trailhead: at the turnoff for USU forestry camp, 19 miles east of Logan on US 89, take the West Hodges Road (FR 174) to the trailhead.
3. Temple Fork and Spawn Creek Trailheads: 15.2 miles east of Logan on US 89, and 1 mile farther up Temple Fork Road (FR 007).
4. Right Hand Fork Trailhead: 9.2 miles east of Logan on US 89, take the Right Hand Fork Road (FR 081), to Camp Lomia, stay left and travel up the 0.5 miles of unimproved road to the trailhead.
5. Left Hand Fork of Blacksmith Fork Canyon take State Road 101 6.5 miles from Hyrum up Blacksmith Fork Canyon to the Left Hand Fork turnoff (FR 245).

Logan Ranger District Portion of the Great Western Trail
Sink Hollow (601), FR 110, Beaver Mountain (Hwy. 243),
Stump Hollow (606), Peter Sink Rd. (FR 173), Turkey (054),
Little Bear (010), West Hodges (FR 174), Worm Fence
(142), Temple Fork Sawmill (062), Willow (056), Steel (013),
Ricks Canyon (127), Marie Springs (FR 147), Logan Peak Rd.
(FR 052), Richards Hollow (019), Left Hand Fork (FR 245)

Elevation Start/Highest/End: 7490/8350/6710 feet

Length 24.6 miles: sections are 2-10 miles

Season of Use: Mid-June to mid-October

Difficulty: Moderate-Difficult

Trail Information

Access the northbound section of the Great Western Trail (GWT) following the Sink Hollow trail into Idaho, from the Sink Hollow parking area. To access GWT southbound, park at the Beaver Junction Picnic Area and carefully cross the highway from the Beaver Junction Parking Area. Head down-canyon toward the Beaver Mountain Sign to reach the GWT sign, which marks the beginning of the Stump Hollow trail. This segment goes south past the sign to Stump Hollow and Peter Sinks, crossing the highest point, then down Turkey and Little Bear trails to the area of Trailhead 2. The Great Western Trail follows West Hodges Road and then the Worm Fence trail to trailhead 3 at Spawn Creek off Temple Fork Road. Here the trail follows Temple Fork Sawmill trail to the road, and continues south on the road to Mud Flat and Willow Creek Trail 056 toward Trailhead 4, Right Hand Fork. The Great Western Trail continues into Ricks Canyon Trail 127 to Marie Springs Road (FS 147) west past the intersection toward Logan Peak (FR 052) then south to Richards Hollow trail and comes out on the Left Hand Fork Road (FR 245), Trailhead 5.

Features

Part of a national trail system from Canada to Mexico. The Logan Ranger District has continually improved segments of this trail and it provides a challenging trip generally parallel to the Bear River Range.

Trail Etiquette

Most of the mountain and many road routes are on land managed by the US Forest Service, Wasatch-Cache National Forest. Your bike ride will take you through some of the most beautiful areas the West has to offer. Please respect the land and its residents. Please no trespassing on private property, no littering, ride in control, always yield to hikers and equestrians, and never spook animals. The Mt. Naomi and Wellsville Wilderness are designated wilderness areas and bicycles are not permitted.

Basic Safety Precautions

- Wear a good helmet. Helmets reduce the risk of serious injury by 85%
- Keep your bike in good mechanical condition
- Carry sufficient drinking water
- Carry tire pumps and patch kit
- Follow the rules of the road

Dress for the Weather

Weather conditions can change quickly at altitudes of 5000 feet or above. Plan to pack protective clothing for warmth and rain. Sunscreen is recommended, since sunburn can occur quickly at high altitudes.

Road Conditions

Road conditions vary greatly, especially in the mountains. Be cautious of steep descents and unexpected obstacles. Bicycles in Utah are legal vehicles, and must follow the same rules and laws as drivers of cars and trucks. Use common sense while riding in or near traffic. Be a defensive rider.

For more detailed trail information, contact

The Logan Ranger District
435-755-3620

Visit our local Cycling Shops

Al's Cyclery & Fitness
1617 North Main, North Logan (435) 752-5131

The Sportsman
129 North Main, Logan (435) 752-0211

Sunrise Cyclery
138 North 100 East, Logan (435) 753-3294

Joyride Bikes
65 South Main, Logan (435) 753-7175

Recycled (and New) Bicycles
170 East Center, Logan (435) 764-1990

Wimmer's Ultimate Bicycles
745 North Main, Logan (435) 752-2326

Cache Valley Visitors Bureau

1-435-755-1890

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